

LINCOLN COUNTY HEALTH DEPARTMENT
FAMILY PLANNING SERVICES
(704) 479-5030

Thank you for choosing us to assist you with your health care needs. Our goal is to improve women's health before pregnancy, and assure all pregnancies are intended, by utilizing the four basic principles of public health: Prevention, Screening, Treatment, and Education. Our regular hours are 7:00 AM to 5:30 PM, unless otherwise noted. Hours may vary during holiday weeks or for staff professional development days.

- If you are unable to keep your scheduled appointment, please kindly notify us at least 24 hours in advance to cancel or reschedule.
- If you are more than 15 minutes late for your appointment you may need to reschedule.
- Interpreter services are available at no charge to you. However, you must be scheduled with an interpreter, or you may not be seen that day and will need to reschedule.
- First time clinic appointments may take up to 2 hours.
- We ask that you **DO NOT** use a cell phone, Bluetooth device, text, or video during your visit.
- You may be asked to be alone with **NO** accompanying guest (with the exception of a child) for the first portion or for the complete exam. Due to personal health and sexual health questions.
- In order to obtain a higher quality pap test **do not have sex, douche, or put anything in the vagina 48 hours before your exam.**
- **If you are on your period the day of your exam you will need to reschedule for 1-3 weeks after your period.**

Please bring the following to your visit:

- 1) **Photo Identification** [such as a driver's license, identification (alien identification, citizenship papers), passport, birth certificate, etc.]
- 2) **Social Security card** (if applicable)
- 3) **Income Information** (such as several check stubs, unemployment benefits letter or a copy of your income tax returns, etc.) Failure to provide income information could result in you being charged 100%
- 4) **Insurance card** (if applicable)
- 5) **Copy of your immunization record** (may be obtained from parent, guardian, school, or pediatrician's office)