

**MINUTES**  
**LINCOLN COUNTY BOARD OF COMMISSIONERS**  
**MONDAY, OCTOBER 10, 2019**

The Lincoln County Board of County Commissioners met jointly with the Lincoln County Board of Education on October 10, 2019, at the Commissioners Room, Administration Building, 353 N. Generals Blvd, Lincolnton, at 6:00 PM.

Commissioners Present:

Carrol Mitchem, Chair  
Richard Permenter, Vice Chair  
Anita McCall  
Milton Sigmon  
Bud Cesena

Board of Education Members Present:

Cathy Davis, Chairperson  
Heather Rhyne, Vice-chairperson  
Joan Avery  
Kirk Herbertson  
Tony Jenkins  
Mark Mullen  
Todd Wulfhorst

Others Present:

Kelly G. Atkins, County Manager  
Josh Grant, Programs Manager  
Amy S. Atkins, Clerk to the Board  
John Davis, Recreation Director  
Dr. Lory Morrow, Superintendent  
Dr. Aaron Allen, Associate Superintendent  
Dr. Rhonda Hager, Assistant Superintendent  
Cathy Gates, Administrative Assistant

**Call to Order:** Commission Chairman Mitchem and Board of Education Chair Davis called the October 10, 2019 workshop to order.

**AGENDA**  
**Lincoln County Board of Commissioners and Board of Education Workshop**  
**Thursday, October 10, 2019**  
**6:00 PM**

**Lincoln County Administration Office**  
**353 N. Generals Blvd.**  
**Lincolnton, North Carolina**

6:00 PM	Call to order/Recess until 7:00 (Dinner) (County and School Chairs)
7:00 PM	Call meeting back to order (County and School Chairs)
7:00-7:50 PM	Overview of Team Building Activities - John Davis and Dr. Rhonda Hager
7:50-8:00 PM	Closing Comments
8:00	Adjourn

The Board conducted a workshop with teambuilding activities such as: Getting to Know You Activity, Smarties Goals, Communication and Puzzle Working and Bull Ring.

Topic	Details
<p>Get to Know You Activity</p> <p>20 minutes total:  3 minutes to create  5 to pair with another person  10 minutes to introduce to the big group</p> <p>Table Tents:</p> <p>Carol-Joan-Mark  Rick - Anita - Tood  Bud - Heather - Kirk  Milton - Tony - Cathy</p>	<p><u>Goal:</u> Get to know the members of the County Commission and School Board by introducing the person to the large group.</p> <p><u>Directions:</u></p> <ul style="list-style-type: none"> <li>Each person fills in the Get to Know you Activity individually.</li> <li>Pairings are made to share your Get to Know You information with the other person(s).</li> </ul> <p><i>Pairings for Get to Know You Activity:</i>  Carol Mitchem - Cathy Davis (Chairs)  Rich Permeter - Heather Rhyne (Vice-Chairs)  Bud Cesena - Mark Mullen/Kirk Herbertson  Milton Sigmon -Tony Jenkins  Anita McCall -Todd Wulforth/Jean Avery  County Admin and School Admin staff will observe.</p> <ul style="list-style-type: none"> <li>Each person is to introduce their partner to the group sharing some information about the other person.</li> </ul> <p><u>Items Needed:</u> Get to Know you Sheet, stickers, markers, and pairing chart</p>
<p>SMARTIES Goals</p> <p>15 minutes total</p>	<p><u>Goal:</u> Understand issues related to goal setting and see how goal setting changes as parameters change.</p> <p><u>Directions:</u></p> <ul style="list-style-type: none"> <li>Discuss S.M.A.R.T. goal setting</li> <li>Distribute 2 packs of Smarties to each person</li> <li>Each person will set a goal and attempt to stack smarties timed for one minute</li> <li>Next groups will be formed to set a group stacking goal</li> <li>Debrief: <ul style="list-style-type: none"> <li>What made achieving goal difficult?</li> <li>Were your goals SMART?</li> <li>How do our goals interact with the goals of others?</li> </ul> </li> </ul>

	<p><u>Items Needed:</u> Packs of Smarties, Recording Sheets</p>
<p>Communication and Puzzle Working</p> <p>10 minutes total</p> <p>Table Tents Carol-Joan-Mark Rick - Anita - Tood Bud - Heather - Kirk Milton - Tony - Cathy</p>	<p><u>Goal:</u> Work as a team to choose the best strategy to accomplish goals. As the parameters change, learn to adapt and change to fit the needs of the goal. Working together to plan the best strategy and implement.</p> <p><u>Pairings:</u> Team A: Carol-Joan-Mark Team B: Rich- Anita - Todd Team C: Bud - Heather - Kirk Team D: Milton - Tony - Cathy</p> <p><u>Directions:</u></p> <ul style="list-style-type: none"> <li>● Follow slides about puzzle</li> <li>● Look at box</li> <li>● Work on the edges</li> <li>● Blindfold</li> <li>● Chopsticks</li> <li>● Finish your puzzle</li> </ul> <p>What did you learn about communication?</p> <p><u>Items Needed:</u> 50 piece puzzles for each group, chopsticks, blindfolds</p>
<p>Bull Ring</p> <p>10 minutes total</p>	<p><u>Goal:</u> Participants will work as a team to pick up a ball. Each person's effort towards teamwork affects the groups success.</p> <p><u>Directions:</u></p> <ul style="list-style-type: none"> <li>● All participants will work together as one large team</li> <li>● Participants all hold a string attached to the one central ring.</li> <li>● As a team, the group will attempt to use the ring to pick up a ball.</li> <li>● Activity requires each person to contribute, follow the rules, and work with others.</li> <li>● If/When participants achieve picking up the ball the next step is them attempting to place the ball back on the stand.</li> <li>● Debrief: <ul style="list-style-type: none"> <li>○ Who were the leaders?</li> <li>○ Who were the followers?</li> <li>○ Did the leaders change during?</li> <li>○ Why was your team not successful?</li> <li>○ How was your team eventually successful?</li> </ul> </li> </ul> <p><u>Items Needed:</u> Bull ring and strings, ball, stand</p>

**UPON MOTION** by Commissioner Sigmon, the Board voted unanimously to adjourn the meeting.

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Amy S. Atkins, Clerk  
Board of Commissioners

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Carrol Mitchem, Chairman  
Board of Commissioners